



SUBSTANCE MISUSE RESOURCES

Young people dealing with substance misuse and addiction deserve support that understands the unique mental health challenges they may face. Here are some resources to explore:

Helplines

Massachusetts Behavioral Health Help Line (BHHL):

Free, confidential, 24/7 support line that can connect you directly to clinical substance use disorder services. Text or call 833-773-2445

Massachusetts Substance Use Helpline: Provides free and confidential information and referrals for those affected by substance use disorders. Call 800-327-5050

Organizations

Addiction Treatment Locator, Assessment, and Standards

Platform (ATLAS): Search tool to find and compare addiction treatment facilities

FindTreatment.gov: Confidential directory of substance use treatment facilities in the United States

Massachusetts Recovery High Schools: Public schools throughout the state where students struggling with substance misuse are supported in their recovery while working towards a high school diploma

Start Your Recovery: Offers information and resources for people struggling with substance misuse at any stage of their recovery journey



Support for young people, by young people.
TEXT: 439-726 | **VISIT:** textheysam.org
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