



# RESOURCES for HOUSING INSECURE YOUTH

*Young people dealing with housing insecurity and homelessness deserve support that understands the unique mental health challenges they may face. Here are some resources to explore:*

## **Organizations**

**Bridge:** Boston-based organization that provides support and services to homeless, runaway, and at-risk youth, including street outreach, mobile medical care, counseling, drop-in centers to receive survival aid, and more

**Breaktime:** Works to ensure that every young person has the tools they need to achieve job, financial, and long-term housing security. Provides employment, wraparound services, and financial support.

**Father Bill's & MainSpring:** Provides emergency shelter, transitional housing, and support services to homeless individuals and families in the South Shore and Plymouth County areas

**The Home for Little Wanderers:** Offers a range of services for housing insecure young adults (including those who are aging out of the foster care system) and their families, including behavioral health and clinical care, residential care, independent living, a peer mentoring program, and more

**Homeless Shelter Directory:** Directory of homeless shelters and services, searchable by state and city

**Speaking of Hope:** Offers Access Centers across Massachusetts that provide safe and welcoming environments for young people to access peer support,

engage in art and social activities, and get connected with employment, education, and housing resources and opportunities

**Youth on Fire:** Drop-in center for homeless and street-involved youth located in Harvard Square, Cambridge

**Y2Y Harvard Square:** Youth-led homeless shelter in Cambridge for people 18–24. Offers immediate services (shelter and warm meals) as well as mental health support, legal services, medical care, and referrals to other service providers.



Support for young people, by young people.  
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