



Breaking the Stigma of Suicide



SAMARITANS, INC.

ANNUAL REPORT FISCAL YEAR 2022

JULY 1, 2021 — JUNE 30, 2022



samaritans

samaritanshope.org

The State of Suicide Today

Suicide continues to be a leading cause of death in our country and the world, and the effects of mental illness and suicide are profound and wide-reaching. According to the Centers for Disease Control and Prevention (CDC):



With each death by suicide, more than 130 people are affected, and those who lose someone to suicide are at a higher risk for suicide themselves. There is no denying that these statistics paint a grim picture, and we are seeing that the effects of social isolation, increased substance misuse, economic pressures and other ramifications of the pandemic have only exacerbated the problem.

At the same time, these past few years have also enabled progress to be made in the acceptance and awareness of mental health challenges. This progress in breaking the stigma of suicide and mental illness has created a larger role for organizations like Samaritans to play in preventing suicide. It has made the demand for our life-saving work, suicide prevention education, and grief support services greater than ever before, and we are honored to step forward to meet that need.

We believe that the state of suicide today does not have to remain the reality. We believe that everyone has a role to play in suicide prevention, and we will continue to work passionately each and every day because we believe it is possible to create a world without suicide.

VISION
We envision a world without suicide.

MISSION
Our mission is to prevent suicide and offer hope and support to those affected.

Breaking the Stigma: Headlines from the Year

In this past year, society started to reemerge from the pandemic, while still navigating the influence of COVID's continued presence. We saw an increase in face-to-face interactions, in-person gatherings, and a return to in-office work, and we also began to grapple with the impact of the pandemic on all of us.

The list of negative impacts is long, but one glimmer of hope that we see is an increased interest and acceptance of speaking about mental health. We know it's imperative to create a world where there is no stigma associated with speaking about mental illness and suicide. During the past year, we have chosen to concentrate on this positive momentum, and we have focused our attention on playing a role in continuing to break the stigma of suicide and mental illness.

Read some of our biggest and most exciting areas of progress over the past year highlighted on page 5



Training call for new 988 Volunteers



LAUNCHING HEY SAM

Hey Sam is a dedicated peer-to-peer texting service for people up to 24 years old that is designed for and staffed by young people. With the indispensable support of Senator Rebecca L. Rausch, we were able to launch *Hey Sam* in March to create a space for youth to reach out to peers if they are struggling, need someone to talk to, or need support.

DIGGING DEEP: DIVERSITY, EQUITY & INCLUSION

Our staff and board worked with a consultant this year to define goals for diversity, equity, and inclusion for our organization. We built a shared understanding of what it means for us as individuals, in our teams, in our organization and for the people we serve and support. This work is helping us build a foundation for the future of our work. We revised our organizational values as a result, and evolved our strategies to more effectively serve a broader audience.

PREPARING FOR 988

This past year we worked with the National Suicide Prevention Lifeline (NSPL) to prepare for the transition to 988, the three-digit number intended to ease access to care and improve mental health response. We trained 168 new volunteers and hired many new staff to respond to calls from this new nationwide initiative. With 988 being shorter, easier to remember and more accessible we hope that we can reduce the stigma associated with reaching out for mental health support.

BUILDING A PLAN FOR THE NEXT 5 YEARS

Creating a world without suicide requires us to think ahead about how we can best contribute to and create progress toward that vision. A committee of Board, Council, and Staff members worked together to develop a strategic plan that was approved by the Board. This plan will lead the organization in advancing our ambitious and exciting administrative, programmatic, and fundraising goals for the next 5 years.

Senator Rausch (left) receiving award for her help for *Hey Sam* from our CEO Kathy Marchi (right)



Breaking the Stigma: With a Dream Team

The impact and progress that has been made during the past year simply would not be possible without the dedication of a team that works tirelessly and passionately each day toward our mission. To help us with the launch of g88 we were fortunate to welcome many new team members over the past year. Each of our staff members comes with a wealth of experience, enthusiasm, and ideas, and we are so grateful to have them as teammates.

FY22 SAMARITANS STAFF

Kathleen C. Marchi
Chief Executive Officer & President

ADMINISTRATION

Patricia Shin
Director, Administration

Jean O'Halloran
Executive Office Coordinator

Nora Mally
Administrative Assistant

DEVELOPMENT

Janet Lawn
Chief Development Officer

Kristine Poirier
Deputy Director, Development

Rebecca Allen
Leadership Gifts Officer

Phoebe Whitwell
Manager, Salesforce CRM

Elizabeth Rabinovitch
Manager, Special Events

Stacy Boedigheimer
Development Administrative Assistant

PROGRAMS

Kacy Maitland, LICSW
Chief Clinical Officer

Ron White, LICSW
Program Assistant

COMMUNITY EDUCATION & OUTREACH

Steven Karaiskos, Ph.D.
Senior Director, Community Outreach and Education

HEY SAM

Jeremiah Mankin
Director, Youth Support Services and Technology

Mia Terracino
Coordinator, Youth Support Services

GRIEF SUPPORT SERVICES

Heath Hightower, Ph.D.
Senior Director, Grief Support Services

CRISIS SERVICES

Ruth Woods Dunham
Director, Crisis Services

Edward Wilkinson
Quality Assurance Coordinator

Findley Montgomery
Helpline Training Manager

Yarisa Diaz
Helpline Training Coordinator

Leah Meyers
Crisis Services Data and Technology Coordinator

Jonathan Grollman
Volunteer Coordinator

HELPLINE COORDINATORS

Charles Fitzpatrick

Jimmy Lai

Kate Osinski

Kathryn Tumber

Kiara Hernandez

Mary Kelleher

OVERNIGHT HELPLINE COORDINATORS

Cassandra Dickinson

Christina Hernandez

Jacqueline Ramirez

Jacqueline Louro

Mitchell Robson

Racquel Mendez

Victoria Welker

HELPLINE SUPERVISORS

Hannah Timmermann

Edward Cramer

Amy MacDougall

Samienta Pierre-Vil

Carin Slavin

Jonathan Ng

Stephen Oliver



Partial Staff photo

FY22 BOARD OF DIRECTORS

Our Board of Directors played an integral role in helping us navigate the exciting opportunities that surfaced during the past year, as well as thinking through our goals and priorities for the next five years.

Kathleen C. Marchi, President

Samantha Joseph, Chair

Jill Borrelli, Co-Vice Chair

Larry Buchsbaum,
Co-Vice Chair

Ann Marie Oliver, Secretary

Stacey Marino, Treasurer

Peter Bean

Tom Burke

Vin Capozzi

Debbie Connolly

Kennedy Elsey

Emma Feldmann

Leah Goldstein

Bruce Herzfelder

Mark Horgan

Stephen Mosh

Nicole Costa Moustafa

Doug Murphy

Lisa Sarno

Joe Shapiro



Partial Board photo with Senator Rausch

FY22 COUNCIL MEMBERS

Our organization is so grateful for the energy and commitment of our Samaritans Council. From running in marathons with us to volunteering on the Helpline, this dedicated group of supporters continue to raise the visibility of our important work and contribute to our fundraising efforts.

Stewart Chapin, Co-Chair

Lindsay Leavitt, Co-Chair

Chloe Bancel

Tom Bartlett

Lyndon Braun

Delaney Callaghan

Kevin Callaghan

Christy Cashman

Jay Cashman

Marjorie Clapprood

David Cohen

Margaret Connolly

David D'Orlando

Candice Destefano

Michael Durkin

Laurel Escoll

Samreen Fatima

Joseph D. Feaster Jr

Corinne Ferguson

Kyle Freeman

Desmond Herzfelder

Jason Jenkins

Christopher Johnson

Hall Kirkham

Andrew Leavitt

Stacey Lucchino

Tyler Mabry

Blair Markell

Lila McCain

Robert McGuinness

Daniel Milner

Andrew Molnar

Sean Murphy

Terrie Perella

Brian Potts

Kathleen Ruggiero

Chris Spinazzola

“ Our team brings not only their best professional experience and expertise to this work every day but also their deep, heartfelt commitment to our mission. Their relentless hard work is what gives me inspiration each and every day. ”

Kathy Marchi
CEO & President

Breaking the Stigma with High-Impact Programs

24/7 Crisis Services

At an outdoor event this year, a woman walking by our table shouted out to us: *"I called you 40 years ago, and I'm still here. Keep doing what you're doing."*

That statement is enormous. It sums up what our 377 volunteers have tried to do every time they answered one of the 81,659 calls or texts in the past year. We aim to provide nonjudgmental support. We aim to provide compassionate listening. And we aim to ensure that no one feels alone.

In the past year, our Crisis Services program experienced incredible growth due to the launch of the **new national 988 number**, designed to help people in emotional distress or experiencing a suicidal crisis. We have spent this past year working with the National Suicide Prevention Lifeline (NSPL), the Massachusetts Department of Public Health, and the Executive Office of Health and Human Services to prepare for the launch on July 16th, 2022. We spent much of the past year recruiting and training new, compassionate and dedicated Helpline staff and volunteers from all over the country to help us meet the anticipated increase in demand.

We believe that community and connection are fundamental to suicide prevention. The shift to a national number, as well as the growth in quantity and geographic diversity of our volunteers, are indicators that we are building a growing community of people who are working together to create a world without suicide. We are excited about the future of this new number and cannot wait for continued progress in the coming year.

"It takes a certain kind of strength to steer into the pain enough to really connect with someone without carrying the weight of each broken heart, and that is what I have been trained for with Samaritans. The content of our calls can be heavy, but feeling support from all levels of the organization to both empathize with the callers and then exercise selfcare has made all the difference.

*They have been my inspiration to believe **our mission, while profound, is not impossible, and that being with Samaritans means I am a part of something both true and life-changing.**"*

Victoria Welker

Overnight Coordinator for the 24/7 Helpline

This year we had the opportunity to capture and share the incredible stories of two people who are an indispensable part of our 24/7 Crisis Services. Their stories are powerful, and their passion is inspiring. We hope you enjoy reading their stories as much as we enjoyed writing them:



Meet Findley:
Our Helpline
Training
Manager



Meet Tom:
Our Longest
Serving
Helpline
Volunteer

377
volunteers
331 adults
& 46 youth

81,659
calls
answered

36,998
hours
volunteered

THE MANDIE WALLINGER AWARD

Mandie Wallinger was a Samaritan who embraced the values of befriending individuals in their time of need. She continuously demonstrated how the efforts of one person can truly make a difference by providing compassionate, non-judgmental, empathetic support. Every year we give the Mandie Wallinger Award to someone who embodies the qualities Mandie exhibited - compassion, dedication, ambition, and a constant drive and commitment to those in need.

This year we had the honor of awarding Mitchell Robson the Mandie Wallinger Award for 2022. Mitchell joined as a teen volunteer in 2018 and has played an integral role on the Helpline over the years, including taking on additional responsibilities like mentoring new volunteers on learning shifts. In January 2022, Mitchell joined the Helpline staff, serving on multiple overnight shifts a week while balancing a full-time student schedule at the University of Chicago. Mitchell has also worked closely with the *Hey Sam* program to promote and launch our new youth texting service.

We are so grateful to Mitchell for all he has done and continues to do to break the stigma and help create a world without suicide.



I lost a friend to suicide... He was someone who I thought quite highly of. I definitely didn't know he was struggling to the extent he clearly was. After some time passed, I felt like more than being sad about it, I realized that I wanted to do something about it.
— Mitchell Robson

Breaking the Stigma with High-Impact Programs

Grief Support Services

Did you know that those who experience a loss to suicide are at a higher risk for suicide themselves? Breaking the stigma of suicide is multi-faceted, and one of the requirements to be successful is to create a world where those who have lost someone to suicide feel safe, accepted, and invited to share their grief. Unfortunately, this is not yet a reality, and for that reason, Samaritans invests in its postvention program - Grief Support Services (GSS) - to offer suicide loss survivors a variety of ways to find connection, receive support, create meaning, and cultivate hope. This year volunteers donated over 270 hours to suicide loss survivors.

SAFEPLACE MEETING

Samaritans continues to host *SafePlace* Meetings and will return to offering in-person meetings in the coming year alongside the virtual meetings that have been available throughout the pandemic. *SafePlace* virtual groups offer a convenient, flexible, accessible, and free forum for suicide loss survivors to explore and express complex and unique thoughts, feelings, and experiences with other suicide loss survivor peers. Led by volunteers who have also lost a loved one to suicide, suicide loss survivors learn that *SafePlace* meetings offer a space to share and process experiences and emotions that often carry too much stigma to be discussed in other spaces.

SURVIVOR-TO-SURVIVOR NETWORK VISITS

Some survivors are seeking support, but do not yet feel comfortable discussing their loss in a group setting. This year, we met with 45 suicide loss survivors to provide them with one-on-one support so that they would know that they are not alone in their grief.

“ I want them to know that there is so much compassion in that community. I don't know where my healing would have gone if I hadn't walked into my first *SafePlace* meeting. ”

Maria Sallese

Suicide Loss Survivor

1,554
people received
support

131
SafePlace
Meetings

Attendees from
24 States
and
3 Countries

Our Grief Support Services would not be possible without the love, compassion and commitment of our trained volunteers who have also lost a loved one to suicide. This past year, 15 volunteers led 131 *SafePlace* meetings for suicide loss survivors. Meet some of our incredible volunteers:



Alex Magyar

Alex Magyar is a suicide loss survivor who lost his older brother, Adam, to suicide in December of 2017 and who then also lost his younger brother, Josh, to suicide in October of 2019. Alex has been a *SafePlace* volunteer for three years and says that while experiencing a loss can be traumatic, it doesn't have to be lonely. "There are others out there who can help you through your grief journey," he says. When not volunteering, Alex likes to spend his free time traveling as much as he can. "I love venturing to new places, finding inspiration and being reminded of how much beauty there is to this world."



Lynn Bennett

Lynn Bennett has been a *SafePlace* volunteer for the last 2.5 years. She chose to become a volunteer after losing her partner, Edmond, to suicide. When someone new walks into a *SafePlace* meeting, Lynn says that she feels a mix of grief and relief. "I'm so glad they found us, and I also am so sad they had to," she explains. As someone who loves spending time with family, Lynn prioritizes time away from her family to serve as a volunteer because she believes that grief is too often misunderstood. "We don't 'get over it' and 'move on,' like a bad cold. You may feel sad for a long time — that is normal and not something to avoid. But with help, you can get through it."

Breaking the Stigma with High-Impact Programs

Community Education & Outreach

To fulfill our vision of creating a world without suicide, we know that it is critical to equip people with the knowledge, expertise, and confidence to recognize warning signs of suicide and provide support. In the past year, our Community Education & Outreach team held 260 events and workshops that reached more than 8,500 people in our community, 8 out of 10 attendees reported back to us that as a result of our education and outreach, they feel "able to recognize warning signs in a friend" and "able to talk about suicide and get a friend help if they are in crisis". We are proud of this result, and we are excited about progress made in three specific areas in the past year:

DIVERSITY, EQUITY, AND INCLUSION

We sought to honor our commitment to diversity, equity, and inclusion by incorporating data, statistics, and research into our workshops about underserved communities impacted by suicide. We also have begun to build collaborative relationships with organizations who work within these communities.

COLLABORATIONS

We partnered with two fantastic organizations this past year to deliver workshops for target audiences. We worked with HopeWell, an organization that provides comprehensive foster care services, to provide four workshops for over 130 staff, foster parents, biological parents, and supporters. We also continued our partnership with Love Your Brain, an international organization that provides support to people with traumatic brain injuries. We planned two workshops that attracted over 80 attendees from across the US and Canada.

YOUTH OUTREACH

We placed a focus on reaching more young people in our outreach this past year, and we saw huge growth. We were able to reach 6,681 young people through our events and workshops, which represents a growth of 41%. Be sure to read the story about our collaboration with the Sunshine Shop Girls, who played a key role in helping to expand our reach to young people.

CEO Outreach at Red Sox Game



CEO Outreach on Boston Common



Our progress in Community Education & Outreach is due to the ideas, commitment, and contributions of so many people. This year, we had the opportunity to capture two inspiring stories about some of the people who have made some of this work possible:



The Sunshine Shop Girls: Kayla Simas, Ava Lanza, and Julia Lanza, all 17, are the founders of The Sunshine Shop, a social enterprise that raises awareness about suicide prevention. This year, the Sunshine Shop Girls collaborated with our Community Education & Outreach team to host a suicide prevention workshop in their high school. Their story is incredibly inspiring.



Steven Karaikos, is the new Senior Director, Community Outreach & Education who joined Samaritans in March. As a suicide loss survivor himself, Steven wrote and shared his own beautiful story about his grief journey and his arrival to Samaritans.

260
events and
suicide prevention
workshops

8,510
people
reached

85%
of Workshop Attendees
say they can
recognize
warning signs

After each workshop, we ask students,
"What did you learn?"
Here is some of what they shared:

...I learned that depression isn't a weakness.

...I learned that our feelings are always valid.

...I learned the three steps to helping a friend are to Listen, Ask, Get Help.

...I learned you can ask if someone is suicidal. I thought it was rude so this is good to know.

...I learned that you are not alone if you're having suicidal thoughts.

Breaking the Stigma with High-Impact Programs

HEY SAM

The pandemic exacerbated the need for mental health support for young people. According to a 2021 CDC study, more than a third of high school students reported poor mental health during the COVID-19 pandemic, and 44% reported they persistently felt sad or hopeless during the past year. We felt an urgent need to break the stigma of suicide and mental illness to provide young people an easier way to speak about their feelings and feel heard.

We had the opportunity to partner with Massachusetts State Senator Rebecca L. Rausch in 2021 to secure the funding necessary to officially launch *Hey Sam* in April 2022. Because young people use text messages more than phone calls, *Hey Sam* is a text support line that gives youth the opportunity to reach peers if they are struggling, need someone to talk to, or need support. It is a support line for young people that is completely staffed by young people. From the hours of 9am to 9pm every day, any person up to age 24 can text 1-877-832-0890 to connect with a peer who is there to listen.

Since its launch in March, *Hey Sam* has had 50 young people volunteer to answer text messages coming in through *Hey Sam*. More than 712 text messages have been received, and more than 669 hours have been spent listening to and providing compassionate support to youth.

We are excited about the launch of *Hey Sam*, and we also believe it is imperative to have youth voices play a role in leading it. In the coming year, we plan to create a youth advisory group that will meet regularly to provide input on how to run the program and that will play an active role in spreading the word about *Hey Sam*.



We had the opportunity to work with an agency to create a powerful six-minute video that shares the stories of young people and why *Hey Sam* is so needed.



Hey Sam would have never been possible without the leadership and support of Senator Becca Rausch. We had the opportunity to interview her this year to learn more about her commitment to and passion for *Hey Sam*.

425
young people
have used *Hey Sam*
since its launch

50
young people
engaged as peer-to-peer
text support

Over 700
text
conversations have
been received

**Hey
SAM**

**UR
NOT
ALONE**

**it's OK
2 NOT
BE OK**

**ASK4
HELP**

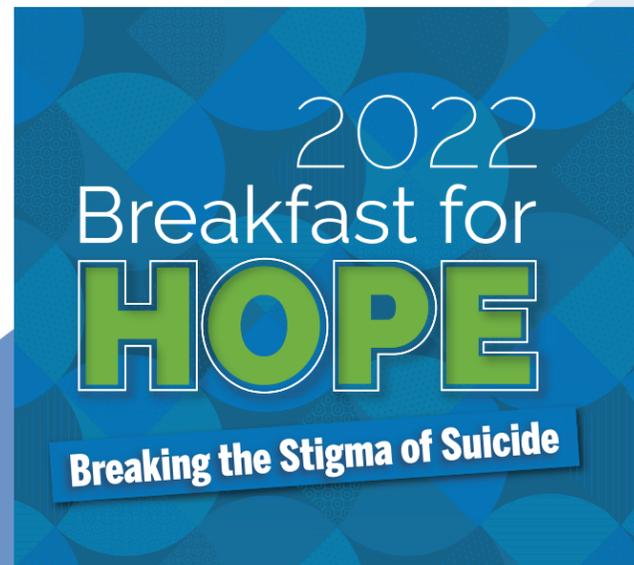
“ At train stops, we put up our number. I've heard from people who were ready to take their life at that train station. But they saw our number, ” and they reached out for help.

*Brooklyn
McDermott-Hyland*
Hey Sam volunteer



Breaking the Stigma with Awareness-Building Initiatives Events

We are living in a pivotal time where more conversations about mental health are happening than ever before. At Samaritans, we know that it is crucial to remove the negative associations that surround mental illness and suicide if we are to have any hope of creating a world without suicide. This year, more than 1,650 people helped us raise awareness and further break the stigma of suicide by participating in one of our awareness-building and fundraising events. With their support, we were able to raise over \$1.9 million to support those struggling with mental illness, suicidal ideation, or the loss of a loved one to suicide.



\$839,000
raised for Samaritans

CEO Kathy Marchi speaking at our 2022 BFH event



Did you miss the 2022 Breakfast for Hope? We recorded it, and you can watch this inspiring event here.

Mayor Michelle Wu speaking at BFH



Running for a Cause

Samaritans continues to participate in races throughout the year to raise money and awareness about suicide prevention. This year, Samaritans had teams of runners participate in two marathons, and Samaritans also hosted its annual 5K for suicide prevention.



\$222,349
raised for Samaritans

On April 28, 2022, Team Samaritans celebrated as they returned to run the Boston Marathon® in person. Thirteen amazing people trained and completed the 26.2-mile race.



Garrett and Nicole Hatton grew up watching their father run the Boston Marathon, and this year they chose to run that same race in honor of their father whom they lost in November 2021.



tcs
NEW YORK CITY MARATHON
\$106,617
raised for Samaritans

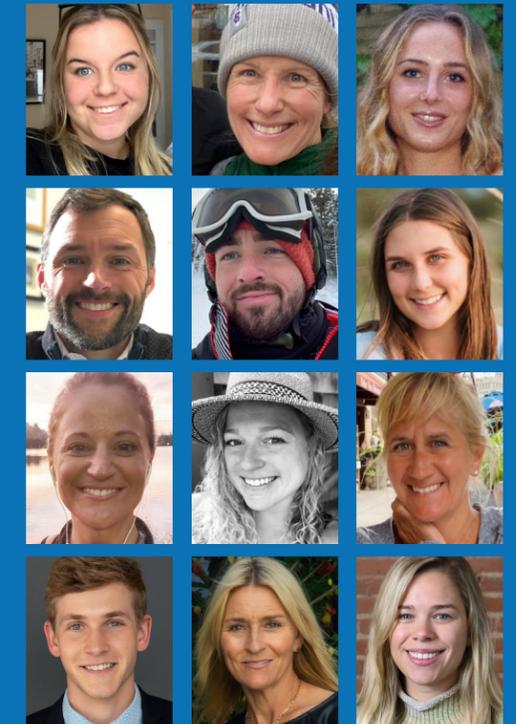
On November 7, 2021, five runners completed the 50th annual TCS New York City marathon. This was the 2nd time that Samaritans sent a team to this historic event.



\$595,724
raised for Samaritans

Our 2021 Samaritans 5K was virtual for a second time. 114 teams participated and helped us raise crucial funds for our life-saving services.

BOSTON MARATHON TEAM / 2022



Members from Top Left: Abigail Murphy, Dana O'Brien, Elsa Froggatt

Second Row: Garrett Hatton, Jack Lahiff, Jaidan McNiff

Third Row: Jennifer Curtis, Kate Wandicho, Kimberly Gagnon,

Fourth Row: Kyle Fulk, Meghan Parent, Nicole Hatton, and Taylor Foley.

NYC MARATHON TEAM / 2021



Members from Top Left: Casey Komarnicki, Laura Michela, Elizabeth Friberg, Ray Neves, and Subroto Bhattacharya

Breaking the Stigma with Awareness-Building Initiatives

HopeRaisers

Outside of our awareness-building events, our community is also comprised of incredible individuals who organize their own events and fundraisers to break the stigma and support suicide prevention. This year, we had several people help to spread the word about Samaritans and suicide prevention while raising money to support our mission. Their efforts were creative, deeply meaningful, and awe-inspiring, and we are so grateful for each one of them. We are honored to share the stories of our incredible HopeRaisers.

JOHN'S RUN

\$2,500
raised for Samaritans



Ten years ago, David Corbett, a third grade teacher and avid runner, lost one of his closest friends and mentors to suicide, John Kelly. They were running buddies and had met when they both joined a running club around the same time. For years, the two of them would consistently attend the club's Tuesday track workouts together, as well as the weekly Fun Run on Wednesday evenings. After John lost his life to suicide, Dave decided to convert his loss into something positive by planning a 10K race on January 22, 2022 to honor John after 10 years of going through life without him. He named it John's Run and planned the route along a lake that they would often run together. Offered as a 10K or a two-person relay, more than 130 people signed up to participate to run in the cold winter weather in memory of John.

“ I want the world to know what an amazing individual John was. Anyone can battle this awful disease. This disease does not discriminate against anyone. I just wish I could have done more – ”
but I'm trying to do more now.

David Corbett

John's Run



Read more about David's story



6
HopeRaiser
events and
campaigns

\$38,564
raised
for Samaritans

WALK ACROSS AMERICA

\$8,500
raised for Samaritans

Sam Conley is from Waltham, Massachusetts. On a regular day, you can find him working at this dad's restaurant or taking pictures for his burgeoning photography business. But what you don't see on the surface is that Sam Conley has a hidden talent, a superpower some would say. At only 24 years old, Sam has walked more miles than many of us will in a lifetime – more than 8,500 miles to be exact. He has crossed the United States from north to south more than once, and this year he decided it was time to become a Samaritans HopeRaiser and walk east to west from the Atlantic to the Pacific Ocean in honor of his friend, Waker, who he met on one of his first hikes.



Read more about Sam's story

“ Whether you know it or not, somebody you know and see on a daily basis is probably struggling. Reach out...to see how ”
they're doing because it's awful to think how alone they feel.

Sam Conley
Walk Across America

Meet some of our other awe-inspiring HopeRaisers and the amounts they raised for Samaritans:

MILLYFEST: WELLESLEY COLLEGE DISC GOLF

In honor of Molly Thompson

Molly was a member of Wellesley College's Ultimate Frisbee Team, the Whiptails. The Whiptail organized a disc golf tournament to honor Molly.

\$1,758

GARAGE JAM FOR JACOB

In honor of Jacob

Jacob's family and friends organized a concert in their garage to raise awareness about suicide prevention. They invited talented musicians and singers to entertain the crowd until early hours of the morning, and even hosted a silent auction.

\$19,101

RUN THE WORLD WITH SABRINA

In honor of: Sabrina

Sabrina's family is raising money and awareness for suicide prevention by taking on one of Sabrina's personal challenges when she was alive: to run all 24,901 miles around the world. www.runtheworldwithsabrina.com

\$3,531

SUNSHINE SHOP GIRLS

HopeRaisers: Kayla Simas, Ava Lanza, and Julia Lanza

This social enterprise created and sold jewelry in creative ways to raise awareness about suicide prevention.

\$3,000

Breaking the Stigma with A Community of Supporters

Many thanks to our Life Saving Society members, a special group of donors who gave \$1,000 or more in Fiscal Year 2022 (July 1, 2021 - June 30, 2022).*

Gratitude Circle \$500,000+

Cummings Foundation

Humanity Circle \$200,000 - \$499,999

Anonymous
The Bancel Foundation

Support Circle \$100,000 - \$199,999

Bruce and Ellen Herzfelder
Liberty Mutual Insurance
Sanofi Genzyme
The Snider Foundation

Kindness Circle \$50,000 - \$99,999

Stephen and Carol Cohen
Albert and Diane Kaneb
Mabel Louise Riley Foundation
Margaret Stewart Lindsay Foundation
Reuben and Arlene Mark
The Parmenter Foundation

Befriending Circle \$25,000 - \$49,999

Anonymous
Alice L. McDougall Fund
American Tower
Thomas* and Fran Bartlett
Be Thou My Vision Foundation
Cabot Family Charitable Trust
Andrew Cohen
George Harrington Trust
Jeanine & R Douglas* Murphy
Ryder
Salah Foundation

Compassion Circle \$15,000 - \$24,999

Anonymous (2)
Bennett Family Foundation
Julie and Kevin Callaghan
Charles F. Bacon Trust
City of Newton
David* and Kay D'Orlando
Elizabeth B. Kreske Foundation
Harold Brooks Foundation
Howard C. Connor Foundation, Inc.
Intex
Jonathan and Jeannie Lavine
Middlesex Savings Charitable Foundation
PwC
Joseph Shapiro* and Lynn Clark

Empathy Circle \$10,000 - \$14,999

Alice Willard Dorr Foundation
BlackRock
Boston Evening Clinic Foundation
Cell Signaling Technology
Debbie* and Timothy Connolly
ConRes IT Solutions
Essex County Community Foundation
EY
Antoine Hatoun and Andrea Levitt
Humane Society of the Commonwealth of MA
Hall Kirkham* and Marjorie Asfour-Kirkham
Steve Mongeau & Janice Ruell
Sean* and Debi Murphy
Zachary Pilla
Jeffrey Roberts
Seth Sprague Educational & Charitable Foundation
Jeffrey and Nora Smith
United Way of Massachusetts Bay and Merrimack Valley, Inc.
Donald and Kay Wiggin

Inspiration Circle \$5,000 - \$9,999

Anonymous
42 North Dental
Adelaide Breed Bayrd Foundation
Nandini Bajpai
Katuska Bello
Jill Borrelli* and Andrea Lewis
The Boston Foundation
Stewart* and Patricia Chapin
Raymond and Grace Ciccolo
The Community Foundation of Louisville, Inc
Douglas Crowe and Amanda Ciaccio
Deloitte
Delta Dental of Massachusetts
East Boston Savings Bank Charitable Foundation, Inc.
Foundation for Metrowest Youth
In Philanthropy
Fuller Foundation
Melissa and Michael Gallagher
Charles and Tina Grant
Hellenic Women's Club Inc.
Mark* and Diana Horgan
Jeff and Marsha Jellin
Debbie Johnston and Ed Szkutak
Shira and Saul Joseph
Leslie Kaplan
Paul and Ann Kaplan
Kiewit Infrastructure Co.
Jack Lahiff
Erik Lindgren
Robert McGuinness*
MFS Investment Management
Stephen Mosha*
MutualOne Charitable Foundation
Nyes Ledge Capital Management, LLC
Timothy O'Leary
Ann Marie* and R. Scott Oliver
One Caribbean Television
Point32Health
Gordon Pugh
Rockland Trust - Blue Hills Charitable Foundation
Maureen Rubeli
Sage Therapeutics

Andy Shapiro and Ruth Bonsignore
Dorothy Shapiro
Crissy Straub
David Strong
Mark and Grace Sullivan
Thomas Anthony Pappas Charitable Foundation
Thought Industries
Janice and Jorn Velaers
Edward and Elizabeth Wallinger
William P. Anderson Foundation

Hope Circle \$3,000 - \$4,999

Alexandria Real Estate Equities, Inc.
AllWays Health Partners
Boston Bruins - TD Garden
Boston Celtics
Jason Cannon
Cataldo Ambulance Service
Lisa Cleary
EBSCO Industries
Diane and Neil Exter
Elsa Froggatt-Brown
HP Hood, Inc.
David Johnson
Joseph Cadiff Charitable Foundation
KyleCares
Lindsay Leavitt* and Daryn Decesare
Locke Lord, LLP
Loomis, Sayles & Company
Arthur and Beverly Mabbett
Kathleen Marchi* & Christopher Kelley
Sean McConnell
Mary McDonagh
Daniel Milner*
Nicole* and Ameer Moustafa
N & D Transportation Company, Inc.
Net7 Total Care
Suzanne and Andy Offit
Oracle
Palo Alto Network Foundation
Paypal
Presidio
Prospect Fund
Arthur & Paula Rabe
Michel Rbeiz
The Red Sox Foundation
Reservoir Church
RingCentral
Jenna Roberts
Kristina Schaefer & Lisa Chapnick
Diane & Andrew Seger
Service Express
Service Now
Kent Sheng
Charles Smith
Stamp Foundation, Inc
Susan and Tom Turpin
Uncomplicate IT
Benjamin Waber
Katrine and Daniel Walsh
Ronald M. White & Andrew W. Taylor

Comfort Circle \$1,000 - \$2,999

Anonymous (2)
Acadia Healthcare
Adamec Communications In
Agnes M. Lindsay Trust
Ivan and Blain Allen
Eleanor Andrews
Alexandra Arnold
Lisa Atkinson
Autodesk Foundation
Timothy and Angelica Bain
Urmila Bajpai-Pillai
Bay State Savings Charitable Foundation
Sarah Bayha
Peter* and Suzanne Bean
Lillian Beardsley
Marianne & Bruce Beardsley
Gary Beckmann and Flora Pirquet
Margaret and Peter Begley
Paul and Shari Belanger
Marc and Suzanne Bellanger
David Belluck
David Berman
Beth Israel Deaconess Medical Center
Roxy Bischoff
Bradley Bloom
Blue Cross Blue Shield of Massachusetts Foundation
Andrew Blum
Ernest Boch Jr.
Bock Family Gift Fund
Mary Boggs
BoSox Club Members
Boston Consulting Group
Boston Police Patrolmen's Association, Inc.
Boston Volvo Village
Susan Boudreau
Brian Bourquin
Michael and Monica Braun
Brian Brayton
Shelagh Brennan
Bright Funds
Larry M* and Shelly Buchsbaum
Maureen Burke
Tom Burke*
Jennifer Burns
Erin Burtnyk
Cadence Design Systems
Cambridge Trust Company
Vincent* & Karen Capozzi
Chris Cardarelli
Central Boston Elder Services
Mark Chandler
Judith Clifford
Natalie Cone
Jessica Conway
Julia and Nate Conz
Jeffrey and Nancy Cook
Janet Cooper
Alex Cora
Mike Costello
Nicholas Covino
Cruz Companies
Doreen Cummings
Jennifer Curtis
Amy and Ethan d'Ablemont Burnes
John and Terri Danner
Bryan Decker and Jennifer Rubin
Rosemarie & Stephen DeFalco
Peter and Lorraine Delcol
Dell EMC
Pedro De Souza
Devereaux Trust
Brian Devlin
Neil Devlin
Matt Diehl

Leslie Dolinar
James and Beth Domoracki
Susan Donahue
Julia Donlen
Lucie DuHamel
Kevin Duncel
Chad Dunn
Marvin Dvorak
Eastern Bank Charitable Foundation
Alex Ebling & Alison Boguski
EditBar
Anthony Edwards
EF Education First
Julio Escobar
Tracy Fenton
Nancy Perkins Ferguson
John Ferrante
Thomas Ferraro
Debra Fine
Catherine Finney
First Presbyterian Church in Brookline
Gene and Adrienne Fisher
Allie Fitzgerald
Jefferson and Maisie Flanders
Frederic Foerst
RJ & Lisa Foley
James Foote
Joseph A. Forsythe
Jameson French
William and Renee Furr
Rosemary and Dan Fuss
Mario Gabelli
Albert Ganjei
Janet Ganley
Chris and Carol Garavente
Susan Gilroy
Goldman, Sachs & Co.
Charles Gordon
Eileen and Bryan Greene
Peter Grua
Kim Haggerty
Cindy Hale
Hamel, Marcin, Dunn, Reardon & Shea, PC
Hamilton, Brook, Smith & Reynolds
Fred Hammel
Sarah Hancock
David Hanssens
Todd and Barbara Hasselbeck
Garrett Hatton
Jill Hatton
Kyle Hatton
Nicole Hatton
Ronald Heald
Scott Hilinski
Kara Hines
Donalda Hingston
Caroline Hobbs
Matthew & Gail Hoffman
Jennifer Hollenbaugh
Andrew Hooper
Carrie L. Howder
Shirley Hu
Shih-Hsin Huang
Calder Hughes & Lillian Mongeau Hughes
Hunneman Commercial
Real Estate Agency
Cecilia Idman-Rait and Peter Rait
Abigail Ingalls
Intel Foundation
Michael Irving
iXSystems, Inc.
Samual Jackson
Peter Jakobs
Jason Jenkins
Christopher Johnson*
Lacy Johnson
Tim Johnson
Brenna Jones
Ross Jones

Comfort Circle continued

Samantha Joseph *
 JP Morgan Chase Foundation
 Jumbo Capital Inc.
 K logix
 Michael and Julie Kaneb
 Dennis Kanin
 Deborah Karl
 Alexander Kats
 W Keigwin
 Pamela Kelleher
 Susanne and Paul Kelly
 Timothy Kelly
 John and Hazel King
 Ron Kinghorn
 Jolyn Kittredge
 Eric Klotch
 Kevin Kraft
 Todd Krasnow
 William Kussell
 Carolyn Langelier
 Ava Lanza
 Jerrold and Barbara Lavine
 Janet Lawn & Maryann Chaisson
 Ann and Andrew+ Leavitt
 Michael Lee
 Diana Lloyd and Jordan Hershman
 Mike Lowell
 Joyner Lucas
 Amy and Richard Lyman
 Steve and Michelle Mabry
 Linda and Robert MacIntosh
 Kacy & Brian Maitland
 Jenna Malley
 Jennifer Mannion
 Stacey Marino *
 Massachusetts Association of Health Plans
 Massachusetts Association of Mental Health
 Scott Mattson
 MBTA
 Lila McCain+
 Maureen McCarthy
 Michael McCormack
 Paul and Kathleen McCormack
 Merritt McGowan
 Matthew McInnis
 Christopher McKown and Abigail Johnson
 MEC Platforms 4
 Katherine Meleney
 Michelle Michela
 Christine Minihane
 Miro Consulting
 Dana Mitchell
 David and Jewell Mongeau
 Peter & Joan Mongeau
 Rhona Morgan
 Elliott Morra and Kimberly Gurlitz
 Bryan Morrissey

Robert Murtaugh
 Johanna and David Musselman
 Mike Nawrocki
 David Nersessian
 Netflix
 Marshall & Wynne Nevins
 Brian Nixon
 Nochum Mendelsohn
 O'Connor Professional Group
 John and Maureen O'Donnell
 Michael & Cindy O'Leary
 Oppenheimer & Company
 Rachel Pachter
 Lucille Palumbo
 Scott Paparello
 Meghan Parent
 Casey and Gardiner Parker
 Peter and Tracy Parsons
 John Parsons
 Dustin and Kelli Pedroia
 Terrie Perella+ and Rob Pirozzi
 Laurence Perkins
 Linda Perry Riera
 Maryanne and Donald Petry
 Plymouth Bay Orthopedic Associates
 Georgina and Michael Prager
 Julia Presta
 Proctor & Company Insurance Agency, Inc.
 Qstream
 Jane and Lou Quercia
 Keith Quinton
 Daniel and Margaret Rabasco
 Raytheon Company
 The Refuge - A Healing Place
 Barbara Resnek
 Lisa Wyett
 Rebecca Rhoads
 R W Rizzo
 Ralph and Frances Roberto
 Nina Robinson
 Randall Rogers
 June and David Rokoff
 Molly Roman
 Rowland T Moriarty
 RSF Social Finance
 Lauren & Mark Rubin
 Carol Rugani
 Caitlin Rung
 Jessica Rung
 Barbara Safford
 Abigail H Salois
 Sandra Salveter
 Sarah's Village Foundation
 Lisa E. Sarno *
 Christine Savage
 Nicole Scott
 Kristen Seaton
 Steven Segal

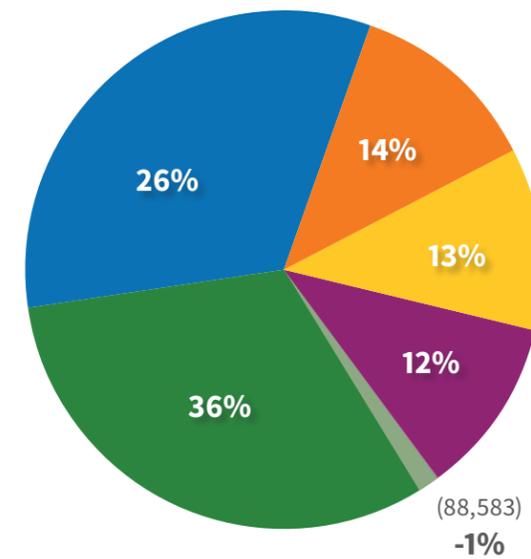
Select Equity Foundation
 Carole Shapazian
 Melinda Shaw
 Brian and Lisa Sheehan
 Robert and Mara Sherman
 William Sibold
 Kayla Simas
 Sloane and Walsh LLP
 Michael Smith
 Thomas and Ann Smith
 Kevin & Beth Smithson
 Kelly Snyder & Ben Carlson
 Starbucks
 Rhonda Starkey
 Ellen Starr
 Jeremy & Caitlin Steed
 Elizabeth Stephen
 Chip and Carmel Sterling
 Marylou Sudders and Bradley Richardson
 Bobby & Susan Sullivan
 Dara Taheri
 Takeda Pharmaceuticals U.S.A., Inc.
 George Taylor
 Thrivent
 Thropic
 Kate Tighe
 Alison Timm
 Daniel Underkofler
 Uvas Foundation
 Joan Verity
 The Village Bank
 Vizalytix
 Benjamin Waber
 Joseph Wagner
 Tim Wakefield
 Walsh Brothers
 Rosemary Wardlow
 Wegmans
 Wellesley Hills Junior Woman's Club
 William Werner
 Bobby & Meghan Whelan
 George & Mary Whitwell
 Joni and Susie Whitwell
 Stephen Wietrecki
 Willis Towers Watson
 Danielle and Greg Wolfus
 William James College
 Christina Wrinn
 WUNR
 Linda Wynans
 Carl Yastrzemski
 Kevin and Heather Yetman
 Sarah Young
 Zscaler

Fiscal Year 2022 Financial Summaries

Statement of Activities

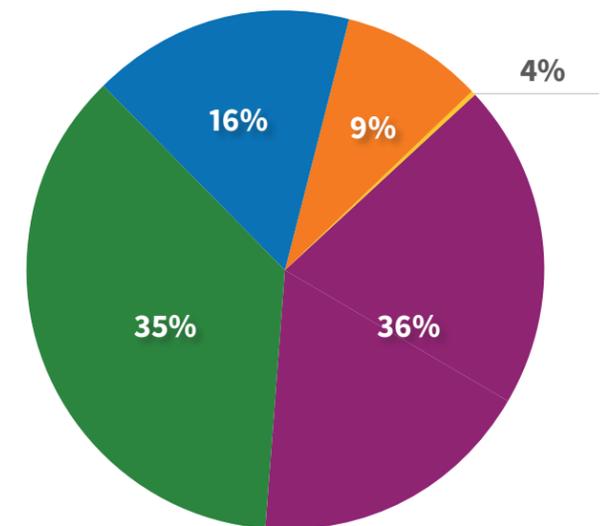
July 1, 2021 - June 30, 2022

Revenue



| | |
|----------------------------------|---------------------|
| Events | \$ 1,928,046 |
| Contracts/Other | \$ 1,030,657 |
| Individual Donations | \$ 960,464 |
| Corp/Foundation | \$ 938,896 |
| Investment Income/Gains/(Losses) | \$ (88,583) |
| Unrestricted Revenue | \$4,769,480 |
| Donated Volunteer Services | \$ 1,472,036 |
| Other Donated Goods and Services | \$ 1,287,808 |
| Total Revenue | \$ 7,529,324 |

Expenses



| | |
|------------------------------|---------------------|
| Program Services | \$ 2,649,197 |
| Addition to Reserves | \$ 1,193,492 |
| Fundraising | \$ 649,386 |
| Management | \$ 277,405 |
| Total | \$ 4,769,480 |
| Donated Volunteer Services | \$ 1,472,036 |
| Other Donated Goods/Services | \$ 1,287,808 |
| Total Expenses | \$ 7,529,324 |

Monica Dickens Legacy Society

In honor of her leadership and foresight, we have named Samaritans' Legacy Society in honor of founder Monica Dickens. These individuals have made a legacy gift to Samaritans through their will or by designating Samaritans as a beneficiary of their retirement plan, life insurance policy, "or bank account.

Marc and Suzanne Bellanger
Julia Burns Estate
 Maryanne Cataldo Estate
 Risa Greendlinger & Donald Reed
 Donaldda Hingston
 Roberta Hurtig
 Abigail Ingalls
William Lockeretz Estate
 Edith Michelson Milender

Robert D. McGuinness *
 Steve Mongeau
 Carol Orme-Johnson
 Mark and Grace Sullivan
Elizabeth A. Veinot Estate
Amanda Wallinger Estate
 Jacqueline Wheeler
 Ronald M. White & Andrew W. Taylor

NOTE: Please let us know if you identify any mistakes in this listing. Our intention is to recognize and appreciate all who contribute to our ongoing services and who make our work possible.

Note: Samaritans, Inc. Total Operating Reserves as of 6/30/2022 - \$4,533,575

Breaking the Stigma: What's Ahead for 2023

Before you go, we want to get you as excited as we are about what we have planned for the year to come.

LOSS TEAMS

We are collaborating with other suicide prevention organizations across Massachusetts to launch a LOSS team (Local Outreach to Survivors of Suicide) in 2023. This LOSS team will be comprised of trained volunteers who will proactively reach out to suicide loss survivors to befriend them, offer resources and connect them with a community as soon as they experience a loss. Because we know that suicide loss survivors often don't access help until years after their loss and are at a higher risk of suicide themselves, we want to be proactive in outreach in linking them to support as soon as possible.

SURVIVORS OF SUICIDE ATTEMPT (SOSA) SUPPORT

In an effort to expand the offering of our support for survivors of suicide attempt (SOSA), Samaritans partnered with Dee Dee's Cry this year to train additional staff in Didi Hirsch's model. Samaritans will be launching a group in collaboration with Dee Dee's Cry in the upcoming year. Our aim is to reach a wider audience of survivors and reduce the stigma around talking about experiences that suicide attempt survivors so often face.

MCLEAN SAFEPLACE

Samaritans will partner with McLean Hospital to develop a Samaritans' *SafePlace* support group for suicide loss survivors. This collaboration would be the first of its kind, ensuring peer support services for suicide loss survivors are accessible within the McLean community.

THE SNIDER FOUNDATION

Through the generosity of The Snider Foundation, Samaritans will be working to develop the High Risk Communities Impact Program, which partners our Community Education & Outreach services with specific communities at high risk of suicide who have not been adequately reached by Samaritans in our previous efforts. This program will include proactive outreach to professional associations, neighborhood associations, schools, and community organizations to engage with and train community members as partners and guides.

FLAGSHIP EVENTS

And as always, mark your calendar to be sure to join us at our two flagship annual events. **Our 2023 Breakfast for Hope will take place on Tuesday, May 23, and our 25th Samaritans 5K Run/Walk for Suicide Prevention will take place on Saturday, September 23.**





Breaking the Stigma: The Role You Can Play

If you want to play a role in working to create a world without suicide, we would like to invite you to further support our work. Here are just some of the ways in which you can get involved:

BECOME A HEY SAM VOLUNTEER

If you are 24 or under and would like to compassionately listen and support peers your age when they are struggling, please [apply](#) to become a *Hey Sam* volunteer.

BECOME A HELPLINE VOLUNTEER

We are seeking additional 24/7 Crisis Services volunteers who answer phone calls and texts from people needing someone to listen. In addition to answering Samaritans' statewide Helpline, our volunteers also answer calls to the National Suicide Prevention Lifeline through 988. You can [apply](#) on our website.

RUN WITH US

Throughout the year, we run in several races. We have teams that run in the Boston and New York City marathons, and we also host the Samaritans 5K Run/Walk for Suicide Prevention in September. Visit the events page on our website to sign up to run with to raise awareness and continue to break the stigma of suicide.

BE A HOPERAISER

You can get creative to support suicide prevention by organizing your own event or participating in an athletic challenge to benefit Samaritans. When you organize your own campaign, you help spread the word about Samaritans' services and break the stigma surrounding suicide and mental health. If you are interested, please complete a brief event [proposal form](#) to tell us about your plans, and we will get in touch with you to support you in your efforts.

DONATE

Donations throughout the year support our life-saving work and make our work possible. From donating to our annual Breakfast for Hope and 5K to giving in memory of a loved one lost, there are so many ways in which you can give to [support us](#) in our mission.

Thank you

Thank you for coming on this journey with us during the past year. Thank you for being part of this work. Thank you for believing in the possibility of a world without suicide. Everyone has a role to play in suicide prevention, and we are grateful for the role that you are playing.



samaritans

Call or text our 24/7 Helpline
877-870-4673 (HOPE)

“
It is a mandate for all of us. Imagine what it would be like if there was no stigma attached to matters of our minds and hearts — if help for mental illness was expected, like going to the doctor for an annual physical. Talking about mental health and well-being reduces feelings of shame that often prevent people from reaching out when they need it, when they want it, and certainly in their most hopeless moments of despair.”

Kathleen C. Marchi

Chief Executive Officer & President, Samaritans, Inc., 2022 Breakfast for Hope

Samaritans, Inc.
41 West St., 4th Floor
Boston, MA 02111

samaritanshope.org | info@samaritanshope.org | 617.536.2460

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